2025 She Rises Conference Agenda

GENERAL SESSION (Main Auditorium)

8:30AM - 8:40AM **Announcements & Opening**
Her Pantry Conference team

8:40AM – 8:50AM **Welcome Address**
Dionne Mack, City Manager, El Paso Texas

8:50 AM – 9:20 AM **Terrible Twos & Other Negative B.S. (belief systems)**
Rikki Smith, Owner and Founder, Stratus Training and Consulting

9:20 AM - 9:30 AM BREAK

9:30AM – 10:10AM **Key Note Address**
B. Abigail Tarango, Ph.D, Executive Director, University Medical Center Foundation

10:10 AM - 11:00 AM **Inner Harmony (Anxiety Panel discussion)**
Mireya Cepeda, LCSW, Self Love Clinic; Diana Castillo, LCSW, Self Love Clinic; Rocio Bickei, LPC, Emergence Health Network

11:00AM – 11:30AM **Song and Music** (or Networking & Shop Vendors)
Ronderrence Kent with Worship Culture

11:30AM – 1:00PM **LUNCH (Networking & Shop Vendors)**

1:00PM – 1:30PM **The V.A.L.U.E.S Principle of Confidence - Rikki Smith, Owner and Founder Stratus Training and Consulting**

Breakout Sessions

She Rises PROFESSIONALLY (Main Auditorium)	**She Rises SPIRITUALLY** (Spiritual references will be used) - **(Boardroom)**
1:45 PM - 2:15 PM Effective Communication - Melissa Carrillo, Deputy County Administrator, County Operations	The Unseen Weight (Invisible Mental Strain) - Connie Moreno, Founder, Her Pantry
2:20 PM - 2:50 PM - Boldy Positive - Rocio Bickei, Ariel Mess, Bianca Saucedo, Emergence Health Network	Beyond Colleagues (the value of your circle) - Cynthia Horton, President, Shift to Grow Company, LLC
2:50PM - 3:05 PM BREAK	BREAK (Don't forget to visit the vendors)
3:05 PM-3:35PM Women Talk Money, Raiz Federal Credit Union	She Shall Wear A Crown - Rita Wheelright, District Missionary, Texas Western Jurisdiction; Certified Coach, Speaker, and Trainer - Maxwell Leadership

3:40PM - 4:10PM **From Leading YOU to Leading Others** (Main Auditorium)
Stephanie Valle, National Murrow Winner, Borderland Crimes Podcast

4:10PM Giveaways & Closing Session